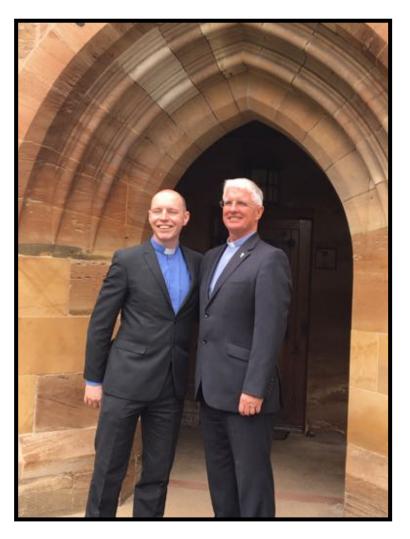
OUTREACH



You are warmly invited to join us in the SACRAMENT OF HOLY COMMUNION Aberlady Parish Church Sunday 25th NOVEMBER 2018

11.15am All welcome



Church of Scotland

SUNDAY THIRTY

A short, informal All Age Service led by the Aberlady Worship Team in Aberlady Kirk Stables at 8.45am on the third Sunday of each month, followed by coffee/tea, a chat and something to eat.

Dates for your diary are:

6th December. 20th January, 17th February, 17th March,
April - there is no Sunday 30 in April,
19th May, 16th June
All are welcome

Please send items for inclusion in the next issue of OUTREACH (February) before **27th January 2019.** Details to contact the editor, Mrs Val Barrie, are on back page. Sincere thanks go to all who contribute with interesting articles. Many thanks also go to the local companies who help Aberlady Parish Church by advertising in OUTREACH. If you can, please give them your support.

"COMMUNITY CAFF"

Aberlady Community Association holds a light lunch in the Village Hall, which takes place on the second Wednesday of each month from 11.45am - 2.00pm. Why not come along to join in the fun?

Dates for your diary are: 12th Dec, 9th Jan, 13th Feb, 13th Mar, 10th April.

For further information: Ros Richardson

If you know of someone who is ill at home, in hospital or in need of a pastoral visit, please fill in one of the cards at the back of the church on a Sunday and let your District Elder or Session Clerk know, in order that a visit can be made.

Communion Sunday 25th November 2018

Celebrations of the Sacrament of Holy Communion will take place in Gullane at **9.45am** and **3.00pm**. Please note the change of time for the afternoon service. There will be NO service at 6.30pm. In Aberlady the Sacrament will be celebrated at 11.15am.

Register

D	•	
Deaths	AT M	nembers
DCUCIS	VI II	

30 th July 2018	Jimmy Douglas	Aberlady
14 th August 2018	Grace Shaw	Gullane
23 rd September 2018	John McCollam	Gullane
Marriages		
4 th August 2018	Sophie Gardner and David O'Connell	Aberlady
18 th August 2018	Eliza Findlay and Hugo Watts	Aberlady
25 th August 2018	Gaelle Stocker and Angus Kennedy	Aberlady
22 nd September 2018	Lucy Black and Andrew Light	Aberlady
Baptisms		
26th August 2018	Alexander Fulton-Peebles	Aberlady
	Arthur Fulton-Peebles	Aberlady
16 th September 2018	Angus Bowen	Aberlady

Liturgical Notes

The liturgical season of Advent begins on Sunday 2nd December and runs until Monday 24th December, while Christmas begins on 25th December ends on 5th January. Thereafter we enter the season of Epiphany, which lasts until the beginning of Lent. In 2019, Lent begins of Wednesday 6th March.

Services in Advent

Sunday 2nd December

9.45am	Morning Worship	Gullane
11.15am	Morning Worship	Aberlady

3.00pm Advent Family Crafts Gullane Church Centre

6.30pm Advent Arts - Worship with Holy Communion Aberlady Kirk Stables

Sunday 9th December

9.45am Morning Worship Gullane11.15am Morning Worship Aberlady

Sunday 16th December

9.45am Family Nativity Service Gullane
 11.15am Family Nativity Service Aberlady
 6.30pm Service of Lessons and Carols Aberlady

Sunday 23rd December

9.45am Morning Worship Gullane11.15am Morning Worship Aberlady

Monday 24th December

6..30pm Christmas Eve Family Service Aberlady
11.15pm Service of Lessons and Carols Aberlady
11.15pm Service of Lessons and Carols Gullane

Christmas Services

Tuesday 25th **December at 10.30am** United Family Service Gullane Children are invited to bring one of their gifts to show.

Sunday 30th December

9.45am	A service of readings, carols and reflections	Gullane
11.15am	A service of readings, carols and reflections	Aberlady

United Services: The Kirk Sessions have agreed upon a schedule of United Services as follows. These will all be held at **10.30am** and there will be no other morning services on these days.

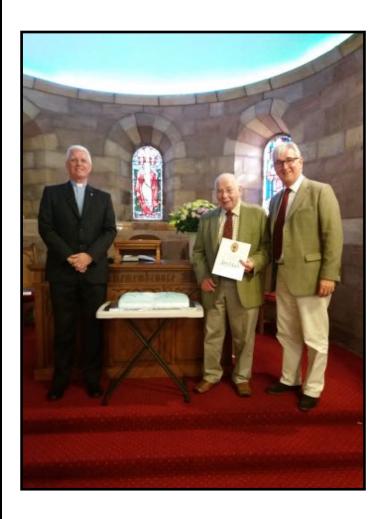
Sunday 6th January 2019	Epiphany	United Family Service	Aberlady
Sunday 3 rd March 2019	Transfiguration	United Family Service	Gullane
Sunday 5th May 2019	Easter 3	United Family Service	Aberlady

Harvest Appeals

Warm thanks to all who supported the 2018 Harvest Appeals ------

Ian Black

On 31st August 2018, Ian Black retired from his role as Beadle of Gullane Parish Church, a position which he held for over 35 years. lan continues to serve as a member of the Kirk Session. On Sunday 23rd September, during morning worship, the congregation expressed grateful appreciation of lan's service. Keith Anderson, Gullane Session Clerk, spoke warmly of Ian's dedication and commitment. Ian was presented with a Long Service Certificate, signed by the Moderator of the General Assembly, an engraved decanter and matching glasses, and a cheque (along with something to put in it!).



Scott Burton

Scott's time as Probationer Assistant came to an end on 31st August 2019, following 15 months as part of our congregations. A very enjoyable social evening was held in Aberlady Community Hall on that evening, attended by Scott, Gill, members of the wider family and a large representation from the congregations. On Sunday 2nd September, a United Service was held at Aberlady Church. On each occasion, tributes were paid to Scott and presentations made. Scott has since written to us t express his deep appreciation of his time here and of all that was done to mark the completion of his training. Currently, Scott is acting as locum minister at Kiltarlity and Kirkhill, west of Inverness. He has been invited to preach for the vacant charge of Brightons, near Falkirk, and will do so on Sunday 18th November 2018. If all goes well, then his Ordination and Induction is likely to occur in January 2019.



Membership of Aberlady and Gullane Parish Churches

On the afternoon of Sunday 27th January 2019, I will be offering a short talk on Church membership for anyone interested in exploring this possibility. The talk will be given in Gullane Church Centre from 2.30pm until 3.00pm, will relate to both congregations and is open to all.

Stained Glass Aberlady

The Kirk Session has been pleased to accept a generous gift of a stained-glass cross and is consulting as to how best this can be displayed in the Church. Separately, Mr Ian Lees has also been commissioned by Scottish Churches Trust to photograph the existing stained-glass windows and to compile a catalogue of them. He has kindly given us his notes and a CD with all of his photographs. Mr Lees also photographed the round window on the west elevation at Gullane Church. A copy of his photo appears in the 2017 / 2018 Annual Report of SCT.

BCH article

As we approach the season of Advent, I have given thought to worship plans for December. Details of services appear elsewhere in this issue. Advent is a distinct season, yet it is very often overshadowed by the focus upon Christmas to come. Within the life of most congregations, Christmas begins to dominate well before its own liturgical season, which only starts on Christmas Day. Most worship leaders wrestle with the very welcome challenge of fitting in a multitude of Christmas events and contributions before schools break and the life of Church organisations winds down for the Christmas holiday.

Perhaps the fact that Advent is so often, "squeezed out" accounts for the paucity of good Advent hymns in most hymnaries. CH4 improved significantly upon CH3 and I have also found that the latest Methodist hymnary, Singing the Faith, has some good additions. Two of these are written by Jan Berry, a Minister of the United Reformed Church and I am indebted to her for permission to print words from the hymns here. I also intend that we will sing them in Advent.

The first is *Praise to the God who clears the way*, which is set to the tune *Creator God* by Norman Warren. You can find the <u>tune</u> in CH4, at No. 55. Verse one is as follows:

Praise to the God who clears the way Preparing room and space; For power and pride will lose their sway As peace comes in their place.

This opening verse offers us a helpful reminder of the effect of Christ's coming, in challenging the established order which was based upon pride and the desire for power. The Prince of Peace continues to challenge these things, not only in the established order of today's world but in our own, individual lives. God longs to help us, in the season of Advent, to clear away the clutter of misplaced attitudes and priorities; to make space for God and his reign.

The second of Jan Berry's hymns which resonate with me is also in *Singing the Faith* and I am setting out the words fully. It is not, <u>per se</u>, an Advent hymn but still apposite to the season.

- Deep in the darkness a starlight is gleaming, calling us out from the safety of home.
 God of the questions, the mystery of dreaming, lighten our journey into the unknown.
- Out of the darkness the voices are crying, terror and fear screaming loud in the night. God of the hurting, of innocence dying, fire us with anger to struggle for right.
- Still in the darkness we search for your healing, hoping for meaning to comfort our fear.
 God of the silence, of unspoken feeling, teach us the wisdom to make your truth clear.
- On through the darkness we follow your leading, searching for joy and a refuge to stay.

 God of our longing, the bliss we are seeking, journey with us to the brightness of day.

© Jan Berry

Both hymns are copyright to Jan Berry and published in Singing the Faith, Methodist Hymnary. Used with the author's permission.

This hymn reflects the truth that Christ, the Light of the World, calls us from safety and complacency to go with him, in response to the darkness of our world. The descriptions of that darkness are insightful and accurate and the petition with which the hymn closes gives voice to our hope and our desire as disciples of Jesus.

I wish you and yours every blessing in the coming seasons of Advent and Christmas as well as the new year which follows.

Yours in Christ,

Brian

BETHANY CARE VAN

Our small team continue to support Bethany Christian Trust by taking the Care Van around the Edinburgh streets offering food and clothing for homeless people in the city. As always, we very much welcome donations of clothing and warm blankets/duvets for the coming winter months, particularly men's clothes - "hoodies", jeans, socks, shoes, underwear, scarves, gloves and hats. Although we provide hot home-made soup for the service users, some still prefer "cup a soup", so donations of packets of "cup a soup" (any flavour) are also very welcome.

Please contact me if you can help with any of the above and thank you for your continued support. My telephone number is 01875853137 if you would like me to uplift your donations. Alternatively please hand them into the Stables and I will arrange for them to be taken on the Care Van.

Barry

TREASURER'S REPORT

Magazine articles - Nov 18

Church Finances-Treasurer's update

I am happy to report at this point in the year that the church finances are reasonably healthy. There has been some additional expenditure on electrics in both buildings to satisfy new regulations and, some necessary additional fire safety equipment but with some increase in income we are keeping comfortably in the black. I hope this will continue until the end of the year.

Thank you for your continued support.

Kaye Macaskill

Fellowship and Outreach

We participated in Doors Open Day on 29 September with conducted tours in the church as part of Aberlady All Eras, We provided teas and coffees and home baking in the Stables which raised £110 for church funds.

The Annual Bridge Afternoon on 3 October was a great success and raised £1120 for the church. We are grateful to all participants and donors

The Christmas Coffee Morning on **Saturday 17 November** will be from 10 - 12.15. There will be Christmas goods, Cake and Candy and a Christmas raffle. Admission £3.50 including tea/coffee and scones/shortbread

The monthly lunches after the service have restarted (normally 1st Sunday). Homemade soup and rolls/puddings and tea or coffee all for the bargain price of £3.50. Support for this event is much appreciated.

We shall also be serving refreshments at the Lessons and Carols in December.

Kaye Macaskill

CHOIRS

The Sunday Choirs form the main focus of Church Choir input, and their contribution to both Church Services is widely appreciated. We meet on Fridays at 5pm in the Stables, Aberlady, and on Sundays at 9am in Gullane Church Centre.

Hymns and introits for Sunday Services are rehearsed and this is a special time for those of us involved as such, because we value the opportunity to prepare hearts and minds, as well as voices, for the worship ahead. It is a great privilege and pleasure for us to help lead worship in this way.

We are greatly blessed with wonderful support for our **Church Community Choirs - the Joint Choir and Children's Choirs.** Most weeks, a hundred people come to Gullane Church Centre to sing together.

The Joint Choir meets on Tuesday evenings at 7.30pm, Primary 1 Choir on Tuesdays, 3-3.30pm and P2-7 Choir on Thursdays, 3.30-4.30pm.

The Joint Choir is preparing for the Lessons and Carols Service on 16th December at 6.30pm, this year in Aberlady Parish Church, and also for a Memorial Concert in Gullane Church for Jess Mackie, over the weekend of 11th/12th May, 2019, in support of Jess' Fund for the provision of Music Therapy at the Sick Children's Hospital, Edinburgh.

The Primary 1 Choir is a wonderfully sweet and enthusiastic group of beginner singers, showing much promise. A lively performance in song, craft and movement, about the life cycle of the butterfly, charmed all present on a Tuesday afternoon in early October. Caterpillar snacks and butterfly cakes were a big hit too!

Primary 2-7 Choir is preparing music for the Joint Service on 4th November, Amazing Grace, as well as learning Christmas songs, and songs telling the story of Daniel's exciting adventures, for a musical production in March.

So many willing, loyal helpers, interested visitors, and supportive parents make this work such a joy and pleasure. Those who come along to sing each week and make the music happen are the stars.

If you love singing and would like to join in any of the Choir activities you will be made most welcome.

Many thanks to Janet Anderson



Garleton Singers

WW1 Centenary: *The Armed Man* by Karl Jenkins - St Mary's, Haddington on Sunday 11th November, 7.30pm (Free entry)

Christmas Concert - St Mary's, Haddington on Sunday 9th December, 6.30pm

Haddington Concert Society is delighted to present another full, varied, and tantalising series of concerts in the comfortable and intimate setting of Haddington's Georgian Town House. This year we offer seven concerts in our winter season, performed by exciting young musicians from the UK and Europe, all making their mark on the international concert stage. As usual, refreshments will be served at the interval. **The atmospehre is relaxed, the music compelling. We invite you to join us for another terrific season of MUSIC CLOSE UP.**

Our **MUSIC CLOSE UP** concerts are subsidised by a grant from Enterprise Music Scotland, whose help we acknowledge with gratitude. Concerts take place in the Assembly Room of Haddington's Georgian Town House, the home of our fine Bösendorfer concert grand piano.

All are welcome to our concerts; subscribers enjoy reduced ticket prices. Do join us!

For more information go to: haddingtonconcertsociety.com

HADLEY COURT SINGERS

Concert Wednesday 5th December at Holy Trinity Church, Haddington (time not mentioned on the website)

Concert on Sunday 9th December at St Baldred's, 7.30p.m.

LESTWE SHOULD FORGET - ABERLADY MEMORIAL GARDEN



Another wonderful WWI display created by the ladies of the Craft Group. Almost all poppies were knitted or crocheted. Some were made of recycled plastic by local groups of the boys and girls of Aberlady.

Well done to all those who took part.





Aberlady All Eras took place on Saturday 29 September, keeping within European Heritage Doors Open month.

The festival opened doors for a wide range of events and activities, across the village, including Aberlady Parish Church, the Victorian Primary School and the Village Hall.

The weather stayed dry, allowing visitors enjoy a village walking tour led by Ian Malcolm, Aberlady Historical Society & an exploration of the Victorians and their influence on the church graveyard, expertly led by Dr Susan Buckham, Edinburgh World Heritage.

Indoor events ranged from swing dancing & researching your military ancestry in the 'Wartime era', Village Hall, guided tours of the church by volunteers from the congregation and a variety of talks in the Primary School on Sir Walter Scott and Abbotsford to the Aberlady Angles Archaeology project, engagingly delivered by Dr Andy Heald.

The day concluded with a unique 'Dining with the Georgians' event at the Duck Inn. A delicious feast, starting with Regency White soup and finishing with Whim Wham, was enhanced with a promenade of Georgian costumes designed, made & modelled by students from Queen Margaret University's Costume Design course. The whole evening ended on a high note of historically appropriate fiddle music performed by Alastair Hardie, Kist of Musick, and the very talented young Eilidh Murray, a soprano who delighted the guests with some Burns songs.

The event also engaged young people in the festival volunteer team, allowing the church support the Year of Young People 2018 initiative. Across the day 198 visitors enjoyed a breadth of Eras in this beautiful, historic village & all the feedback was overwhelmingly positive. Some constructive comments included suggesting that next year - and we do plan an Aberlady All Eras 2019 - it would be great to have one venue focus on all children's activities.

With thanks to Ruthanne Baxter for this article







MUIRFIELD RIDING THERAPY

My name is Susan Law and I have volunteered with Muirfield Riding Therapy (formerly Muirfield Riding for the Disabled)

for over 20 years. During this time I have been privileged to work with some amazing riders and very dedicated volunteers.

But I would like to share with you this story about one of our ponies. If you would like to find out more about the work of MRT

please email me - services@ muirfieldridingtherapy.org. uk.



Kishmul and other Heroes

Kishmul came to West Fenton aged 5 from a breeder in Perthshire. And what a handsome Oatmeal Dun Highland he was when he came barging off the lorry!

I started at MRT not long after Kishmul arrived and it was love at first sight......well, for me at least.

I was already a committed Highland enthusiast, but Kish reminded me on a regular basis that Highlands, like many native breeds, can be stubborn and strong willed.

Yet the temperament he had proved ideal for our work; generally unfazed by wriggling, vocal children and accepting of the odd positions our therapists and riders can adopt. These solid beasts, with leg at each corner, are very stoical.

In addition, his short coupling, typical to the breed, gave him a strong back and he had the ideal conformation for back-riding.

For those not familiar with back-riding, this is carried out only by physiotherapists with support from fully trained MRT volunteers and involves the therapist sitting on the pony with the child in front of her. This is used for children who have little or no head control.

It is a fairly pressurised situation for the pony. The children who benefit from it are very vulnerable, so the equine used and the team around him develop a bond. It is very important that the physiotherapist can trust the pony so that she can focus all of her attention on the little person she is working with.

Over the years I worked with Kishmul in many situations: from the "over hill and down dale treks" that Gill would take our Riders on, where danger lay in every tempting blade of grass we came across; to outings to the Jack Kane Centre, giving pony rides on KIDS OUT days, with fire engines screaming around us; to Musselburgh Racecourse where he was NOT last in his one furlong race.

We were a team, he and I. I think he recognised that I could be just as stubborn and strong-willed as he was!

But it was in his role as MRT's first back-riding pony that our best hours were spent together. His innate sense that he was carrying fragile cargo seemed to bring out the very best in this pony. In the calm atmosphere of a one to one rider situation we could simply work quietly together, anticipating and responding to the slightest movement that the physio made or instruction she gave.

Admittedly, I don't think there are many of our long-term volunteers that Kishmul has not carted to grass, or avoided when catching, or showed his displeasure to, when saddling!

He was no pushover and taught many of us that equines deserve respect, especially equines who work as therapy ponies. They have a rider, of course, and a leader giving them conflicting signals. Their body space is crowded, which can be stressful for a flight animal.

Many have come and gone, breaking our hearts as they go, but those who stay have a tough job. They are handled by many different people with different views on handling horses.

What other way can they tell us when they are being girthed too tightly or bitted too harshly than with swishing tail or flattened ears? Thankfully, MRT Volunteers now a days are all trained in a mindful way of horse handling, but older ponies have long memories of past unpleasant experiences.

And so, in his later years, Kishmul did not suffer fools (as he saw us!) gladly. He trusted few and scared many. But if he trusted you, the effort to gain his trust was repaid a hundred-fold.

Thanks to those who saw through his grumpiness and appreciated the amazing pony who worked for MRT for 20 odd years, giving hundreds of children and adults the chance to benefit from riding therapy - an achievement recognised by Princess Anne, who awarded him with a long service medal during her second visit to MRT.

Thanks to those who cared for and supported Kishmul in retirement, through Friends of Retired MRT Ponies.

And thanks to everyone at MRT who has handled Kishmul over all the years. We have learnt from him, a more mindful way of handling all of our wonderful therapy ponies. Hopefully we will continue to pass down these valuable lessons about how we work with our ponies, treating them with respect and working in partnership to help them to do a difficult job.

This old warrior has now left us aged 29, after a great 18 months living naturally, just being a horse. He lived in a massive field with three other 16.2 retirees who dwarfed him. But he was, predictably, the boss of his herd till the end and was his own man to the end.

I will miss him in my life but know that he led a good useful life, enjoyed a wonderful retirement and died a peaceful death.

Susan Law, September '18

To find out more about Friends of Retired MRT Ponies (FoR) find them on FB; email Hazel Wilson hazelvwilson@gmail.com;

EAST LOTHIAN FOODBANK

Many thanks to all who have been supporting the East Lothian Foodbank. Please continue to bring in as much as you can to help from the following list. Long Life milk, powdered milk, long life juice, tins of: vegetables or fruit, meat or fish, pasta and pasta sauces, rice, mashed potato powder, rice pudding and sponge puddings, porridge oats and healthy cereals such as Shreddies and Cornflakes, tea, coffee and jam.

You can also help by giving funds, hopefully by boosting your donation with Gift Aid, to help with heating, insurance, staff and expenses. Or perhaps by volunteering, maybe by helping at supermarket collection days or even to deliver food parcels in your own area? Every little helps!!

Christmas is coming - are we full of joy?

Or does Christmas' excitement just seem to annoy?

Our lives are disrupted, there's so much to do
We're kept so, so busy (and helpers are few!!)

But stop for a minute and think of the Season,

God sent His Son to us for a very special reason.

Jesus is with us through good times and bad,

He's there when we're happy and there when we're sad.

Celebrate His birthday - feel joy in your heart,

Jesus is with us - has been from the start.

So look forward to Christmas and feel hope anew,

Let the Season of Christmas bring His love to you.

Martha Lithgow

A message from the Church Guild

"Whose we are and Whom we serve"



_Gullane Guild started the new session with a delicious lunch at Craigielaw on October 1st. Twenty five people were present and we all enjoyed the occasion.

On Monday 17 September, the Church elders and friends invited the Guild to a tea party. This was much appreciated and we all had a lovely time

Our first official meeting of the season was on 22 October when the Guild gathered for a meeting on the topic of The Unexpected Journey. The meeting was led by our minister, Brian Hilsley. As part of the programme we were tested on our knowledge of geography and also the streets and roads of our own village. We were surprised at how little we knew. It was a very good session and we learned a thing or two.

On Sunday 18 November there is a special celebration with tea and games in honour of the 130th year of the existence of the Guild association.

So, as usual, the Guild is in good heart, but always ready to welcome new members. Our speakers are interesting and tea and cakes are always served. Angeniet Black

Gullane Flower Club

Thurs 6 Dec Christmas Supper and Demonstration by Val Guest

at Craigielaw, 6pm for 6.30pm

Thurs 7 Feb Members' Night and AGM

Thurs 7 March Kate Russell

Out of the Attic; Quaich Competition;

'Teacup Arrangement'

Regular meetings are at the Mallard Hotel at 7.30pm



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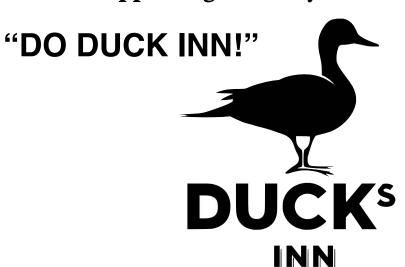
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CONTACT DETAILS

Minister Rev. Brian Hilsley

Session Clerk Mrs Hazel Phisatory

Secretary Mrs Zena Shand

Church Office Hours: Tues. 9.30-1.30pm & Thurs. 9.30-3.00pm

Treasurer Mrs Kaye Macaskill

Gift Aid Mrs Hazel Phisatory

Beadle Gordon McVinnie

Flower Convener Mrs Sheena Casely

Safeguarding Coordinator Mrs Val Morrison

Magazine Editor Mrs Val Barrie

And finally.

"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome."

--Anne Bradstreet

"Laughter is the sun that drives winter from the human face."

--Victor Hugo

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home.""

--Edith Sitwell

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